

Nancy M. Mackowsky, OD, PA

# The Mackowsky Visual Learning & Rehabilitation Clinic

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## Adult Medical Questionnaire

**IMPORTANT: Please fill out this questionnaire in black ink and bring with you to your appointment. The information on this form will enable Dr. Mackowsky to ascertain and evaluate your needs most effectively. Please also forward any other pertinent records to our office prior to this initial visit. Thank you and we look forward to meeting you.**

### I. Patient Information

Today's Date: \_\_\_\_\_

Patient's Full Name: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ AGE: \_\_\_\_\_  Male  Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work/Cell Phone: \_\_\_\_\_ Medical Dr: \_\_\_\_\_ Phone #: \_\_\_\_\_

Marital Status:  Married  Single  Widowed  Divorced E-Mail: \_\_\_\_\_

Medical Insurance Co.: \_\_\_\_\_ ID #: \_\_\_\_\_ Grp #: \_\_\_\_\_

Name of Policy Holder: \_\_\_\_\_ Co-pay for **In-Network** Office: regular \$ \_\_\_\_\_/specialist \$ \_\_\_\_\_

Policyholder's Place of Employment: \_\_\_\_\_ Policyholder's Job Title: \_\_\_\_\_

Policyholder's Birthdate: \_\_\_/\_\_\_/\_\_\_ **Yearly deductible met? Y/N** If Medicare, name of supplemental: \_\_\_\_\_

HSA insurance acct? \_\_\_\_\_ High Deductible (\$1000 or more)? Referred by \_\_\_\_\_

### II. Major Concerns/Chief Complaint

Please describe the reason for this evaluation (what happened, when, symptoms, recovery, and current complaints)?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Have you noted any of the following? Please check ( ✓ ) all areas of concern.**

- |  |   |  |
|--|---|--|
| 1. Difficulty reading <input type="checkbox"/>             | 10. One eye turns in/out/up/down <input type="checkbox"/> | 19. Poor judgment of space <input type="checkbox"/>            |
| 2. Difficulty writing <input type="checkbox"/>             | 11. Lid droop <input type="checkbox"/>                    | 20. Poor fine motor coordination <input type="checkbox"/>      |
| 3. Blurred vision (far) <input type="checkbox"/>           | 12. Reddened eyes or lids <input type="checkbox"/>        | 21. Loss of use right/left hand <input type="checkbox"/>       |
| 4. Blurred vision (near) <input type="checkbox"/>          | 13. Light Sensitivity <input type="checkbox"/>            | 22. Loss of use right/ left leg <input type="checkbox"/>       |
| 5. Eye strain/Fatigue <input type="checkbox"/>             | 14. Squinting, closing one eye <input type="checkbox"/>   | 23. Poor motor planning <input type="checkbox"/>               |
| 6. Frequent eye rubbing/blinking <input type="checkbox"/>  | 15. Loses place when reading <input type="checkbox"/>     | 24. Poor short/long term memory <input type="checkbox"/>       |
| 7. Loss of vision to one side <input type="checkbox"/>     | 16. Tunnel vision <input type="checkbox"/>                | 25. Short attention span/distractible <input type="checkbox"/> |
| 8. Headaches <input type="checkbox"/>                      | 17. Dizziness <input type="checkbox"/>                    | Other: _____   |
| 9. Double vision at distance/near <input type="checkbox"/> | 18. Motion/car sickness <input type="checkbox"/>          | _____  |

Any other noted symptoms/problems. Please list and include onset/frequency.

Please comment on any long term problems experienced prior to the problem noted on the first page: \_\_\_\_\_

### III. Vision History

Has there been previous vision care? YES  NO  If yes, date of last exam: \_\_\_\_\_

Name of Eye Doctor: \_\_\_\_\_ (Please have these records faxed to our office).

Do you have glasses now? YES  NO  Do you wear them? YES  NO

If yes, when should you wear them? \_\_\_\_\_

Do you wear contact lenses now or previously? YES  NO  If yes, brand and powers: \_\_\_\_\_

How do you wear your contact lenses (please circle all that apply): daily wear / extended wear / non-disposable / disposable

Do you have any of the following eye conditions? (Please check (✓) all areas that apply)

Glaucoma  Blindness  Amblyopia/lazy eye   
Strabismus/crossed eye  Cataracts  Macular Degeneration

Other: \_\_\_\_\_

Is there a family history of any of the following eye conditions? (Please check (✓) all areas that apply)

Glaucoma  Blindness  Amblyopia/lazy eye   
Strabismus/crossed eye  Cataracts  Macular Degeneration

Other: \_\_\_\_\_

List all eye medications you take: \_\_\_\_\_

### IV. Speech/Auditory History

Is your speech clear? YES  NO  Do you omit parts of words when speaking? YES  NO

Can you express thoughts clearly? YES  NO  Is speech understandable by others? YES  NO

### V. Medical History

Date of most recent physical: \_\_\_\_\_ By Whom: \_\_\_\_\_

Results and recommendations: \_\_\_\_\_

Please list all medication currently used (include for what conditions): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there any history of the following? (Please check (✓) all areas that apply)

Diabetes	<input type="checkbox"/>	Thyroid disease	<input type="checkbox"/>	Musculoskeletal (muscles/bones/joints)	<input type="checkbox"/>
Hypertension	<input type="checkbox"/>	GI Disease	<input type="checkbox"/>	Ear/Nose/Throat/Mouth	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	Mental (depression/anxiety)	<input type="checkbox"/>
Lung	<input type="checkbox"/>	Kidney/Bladder/Genital	<input type="checkbox"/>	Integument (skin)	<input type="checkbox"/>
Emphysema	<input type="checkbox"/>	Neurological	<input type="checkbox"/>	Allergic/Immunologic	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	Blood/lymphatic	<input type="checkbox"/>	Other: _____	<input type="checkbox"/>

Is there any family history of medical problems? (please list) \_\_\_\_\_

**VI. Surgical History**

Please list all previous surgeries and dates: \_\_\_\_\_  
\_\_\_\_\_

**VII. Social History**

	YES	NO		YES	NO
Tobacco use	<input type="checkbox"/>	<input type="checkbox"/>	Packs/day: _____	Narcotic use	<input type="checkbox"/> <input type="checkbox"/>
Alcohol use	<input type="checkbox"/>	<input type="checkbox"/>	Drinks/day: _____	Sexually transmitted Disease	<input type="checkbox"/> <input type="checkbox"/> _____

**VIII. Current Treatment (eg. Physical Therapy, Occupational Therapy, Speech Therapy, etc.)**

By whom \_\_\_\_\_  
Facility Name \_\_\_\_\_  
Address \_\_\_\_\_  
Reason? \_\_\_\_\_  
Type of Treatment \_\_\_\_\_  
Dates of Treatment \_\_\_\_\_  
Case Manager \_\_\_\_\_ Phone #: \_\_\_\_\_

**IX. Goals**

Please list what the goals are for coming to our office: \_\_\_\_\_  
\_\_\_\_\_

**X. Additional Information**

Do you live alone? YES  NO   
If not, name and relationship of person who lives with you: \_\_\_\_\_ Relationship \_\_\_\_\_  
Do you have an employed in-home "caretaker? YES  NO  Caretaker's Name: \_\_\_\_\_  
Who will accompany you to my office? \_\_\_\_\_

**XI. Occupation**

Please record occupation \_\_\_\_\_  
Name/Address of Employment Place \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Please list job duties \_\_\_\_\_

Are you currently working: YES  NO

Do you feel you are able to work: YES  NO  Please state why or why not: \_\_\_\_\_

Have you applied or are you planning to apply for disability? YES  NO

**XII. COMPUTER**

Do you have a computer: YES  NO  (if yes, please continue to answer all questions in the computer section)

Do you have internet access: YES  NO

How many hours do you spend in front of a computer screen each day? \_\_\_\_\_

How do your eyes feel after working on the computer? \_\_\_\_\_

Where is the top of the screen located (please circle): above your straight-ahead eye level / at eye level / below eye level

What is the distance from: Your eyes to the screen? \_\_\_\_\_

Your eyes to the keyboard? \_\_\_\_\_

Your eyes to your source document? \_\_\_\_\_

Where is the computer screen located (please circle):

directly in front of you when seated / to your right / to your left / flat (horizontal) / vertical

Do you experience any of the following at work (please circle)? Glare / reflections / difficulty reading source documents

Do you use a wheelchair? YES  NO  Can you sit in an examination chair? YES  NO

**XIII. Insurance Filing and Release of Information**

We will file all in-network insurance claims and will provide invoices for you to file out-of-network claims. Your signature below signifies you realize you will be responsible for all copays/deductibles/non-covered services on the date the service is rendered, if you are in-network.

It is also often beneficial for us to discuss examination results and to exchange information with other professionals involved in your care. Your signature below permits information from, or copies of, your examination records to be forwarded to other health care providers or insurance carriers upon their written request or upon the recommendation of Dr. Mackowsky when it is necessary for the treatment of your visual condition, or for the processing of insurance claims. I authorize Dr. Mackowsky to exchange information with other professionals involved in my or my child's care, by means of my signature below. This authorization shall be considered valid throughout the duration of treatment.

Patient or Representative Signature \_\_\_\_\_ Date \_\_\_\_\_

Relationship to Patient (if applicable): \_\_\_\_\_

**Please be on time for your appointment to allow Dr. Mackowsky the full hour for her evaluation.** Late arrivals will be rescheduled. We also request a minimum of 48 hours notification to reschedule an existing appointment. Thank you.

Dr. Mackowsky's Signature \_\_\_\_\_ Date \_\_\_\_\_